VIGOUR — Evidence-based Guidance to Scale-up Integrated Care in Europe

Experiences from the European VIGOUR Project

Webinar "EU4Health Action Grants", 24th May 2022

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Co-funded by
the Health Programme
of the European Union

What VIGOUR is about

Project Profile

- A multi-annual endeavour to support 15 European regions represented in the project in making progress towards better integrating current care practices

- Co-funded by the Health Programme of the EU

- 29 beneficiaries and affiliated parties from 10 countries
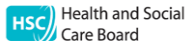
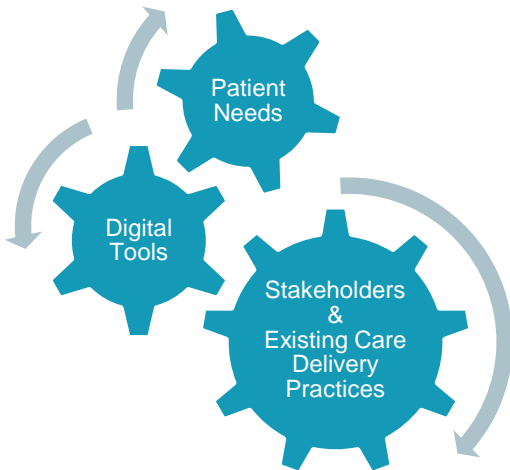vigour-integratedcare.eu   @VIGOUR_EU

Incremental Innovation Strategy

Contextual Diversity

- Care system characteristics
  (e.g. governance, funding)

- Efforts for service improvement prior to VIGOUR
  (e.g. organisationally, technologically)

- Strategic focus on integration efforts
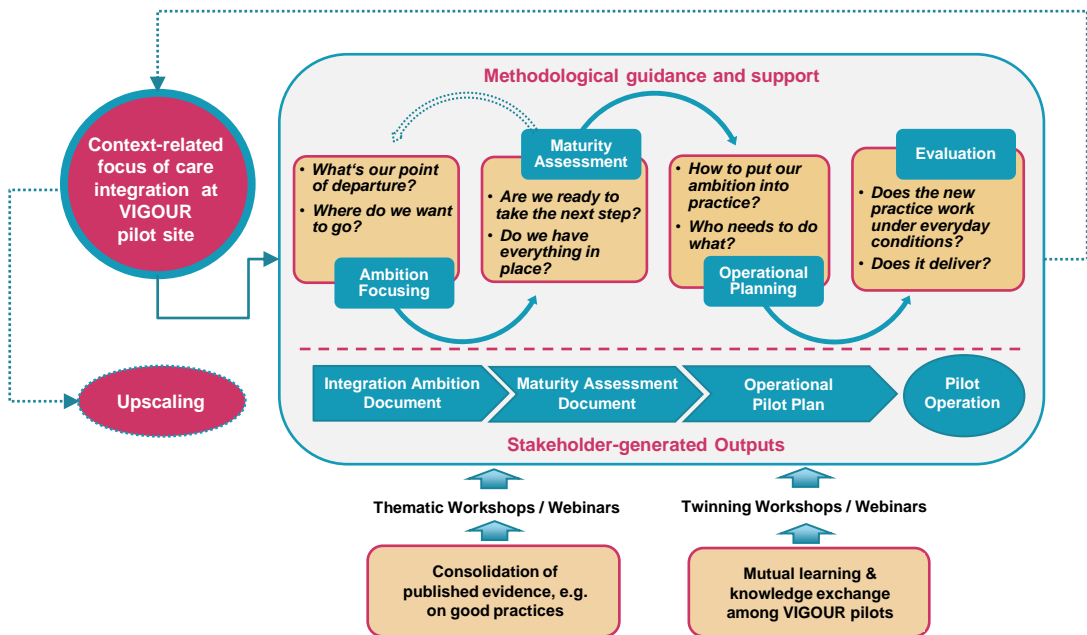 (e.g. main "pain points")

Processual Diversity

- Contextualised care integration focus & approach

- Start from where you are currently at

- Take the next step on your specific journey towards integrated care

Strategic Focus of the Integration Process

Multi-disciplinary care team coordination

Remote patient management coordination

Linkage of health care & social care

Linkage of health care & preventative wellbeing services

The VIGOUR Support Process

Methodological guidance and support

Context-related focus of care integration at VIGOUR pilot site

- *What's our point of departure?*
- *Where do we want to go?*

Ambition Focusing

Maturity Assessment

- *Are we ready to take the next step?*
- *Do we have everything in place?*

- *How to put our ambition into practice?*
- *Who needs to do what?*

Operational Planning

Evaluation

- *Does the new practice work under everyday conditions?*
- *Does it deliver?*

Upscaling

Stakeholder-generated Outputs

Integration Ambition Document → Maturity Assessment Document → Operational Pilot Plan → Pilot Operation

Thematic Workshops / Webinars

Twinning Workshops / Webinars

Consolidation of published evidence, e.g. on good practices

Mutual learning & knowledge exchange among VIGOUR pilots

Experiences

Developing the project

- Read the call / program text carefully

- Assess realistically to what extent the call / programme objectives match with strategic objectives of your region.

- Develop a convincing project plan that matches the call objectives

- Develop KPIs that are ambitious and at the same time achievable

- Estimate the project budget realistically

- Bring together a convincing proposal

Implementing the project

- Put in place an effective project management structure

- Monitor progress, both content wise and contract wise

- Monitor project risks and be prepared to react to emerging challenges

- Don't underestimate management vis-a-vis the Commission

Many thanks!

DISCLAIMER

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